Eliminate stubborn fat without surgery or downtime and feel great from every angle.

Before and After Photo Book
WHAT YOU SEE IS
WHAT YOU LOVE

Fear no swimsuit, no tight t-shirt, no form-fitting dress. When it comes to your reflection, you can be your own toughest critic. Even that favorite outfit can feel off-limits because of stubborn fat that resists diet and exercise. But the CoolSculpting® procedure shapes what you see without surgery or downtime, so you’ll look great from every angle.

Clothes fit better, feel better, look better.

If you could wear anything you want, what would it be? Let us know on Twitter #FearNoOutfit
SEE JUST HOW SAFE WE ARE

Proven results without surgery or invasive procedures.

CoolSculpting® technology safely delivers precisely controlled cooling to gently and effectively target the fat cells underneath the skin while leaving the skin itself unaffected. The treated fat cells are crystallized (frozen), then die. Over time, your body naturally processes the fat and eliminates these dead cells, leaving a more sculpted you.

No surgery, no anesthesia, no downtime.

COOLSCULPTING IS THE #1 BODY SCULPTING PROCEDURE.¹

FDA-cleared, safe, and effective
Many of us have stubborn fat despite diet and exercise.

CoolSculpting® technology uses controlled cooling to target and kill only these fat cells.

In the weeks to follow, the body naturally processes the fat and eliminates these dead cells.

CoolSculpting results are long-term,² as treated fat cells are gone for good.

Get more information sent right to your inbox. Sign up at CoolSculpting.com
FAT CELLS AFTER WEIGHT LOSS

A) What happens when you lose (or gain) weight?
When you lose weight, the volume of your fat cells decreases but the number of fat cells stays the same.

B) What happens after your CoolSculpting treatment?
After treatment, targeted fat cells are eliminated for good so you will have fewer fat cells in the treated areas. Untreated areas will have no change in fat cell distribution.²

Results and patient experience may vary.
YOUR TREATMENT DAY

» Your body and your needs are unique so a customized treatment plan will be developed during your consultation to address your specific areas of concern.

» This treatment plan may require multiple sessions (or visits).

» During your treatment, a gel pad and applicator are applied to the targeted area.
  - Vacuum applicators draw the tissue into the applicator cup
  - Surface applicators are secured to the treatment area

» All applicators deliver controlled cooling to the targeted fat.
Most patients can return to their normal activities immediately after the CoolSculpting® procedure.

Changes may be seen as early as three weeks after your treatment with the most dramatic results seen after one to three months.

Weight gain will prevent you from appreciating your full results. Maintaining a healthy diet and exercise routine after the CoolSculpting procedure can help prevent this.

Your provider will schedule a follow up appointment to evaluate your results, take photos and discuss additional sessions, if needed.

Ask us if CoolSculpting is right for you.
TRANSFORM YOUR BODY WITHOUT SURGERY

Before 16 weeks after second session
Photos courtesy of Grant Stevens, MD, FACS

Treatments shown are approximate.
ONCE IT’S GONE, IT’S GONE FOR GOOD

BEFORE

8 WEEKS AFTER FIRST SESSION

9 WEEKS AFTER SECOND SESSION

Photos courtesy of Edward Becker, MD

Treatments shown are approximate.
THE RESULTS ARE UNDENIABLE

BEFORE

12 WEEKS AFTER FIRST SESSION

12 WEEKS AFTER SECOND SESSION
Photos courtesy of Flor A. Mayoral, MD

Treatments shown are approximate.
NO SURGERY, NO ANESTHESIA, NO DOWNTIME

B E F O R E

1 2 W E E K S A F T E R F I R S T S E S S I O N

1 2 W E E K S A F T E R S E C O N D S E S S I O N

Photos courtesy of Flor A. Mayoral, MD

Treatments shown are approximate.
GET **WOW! RESULTS**

**BEFORE**

**10 WEEKS AFTER SESSION**
Photos courtesy of Suzanne Bruce, MD

**BEFORE**

**12 WEEKS AFTER**
Photos courtesy of Suzanne Bruce, MD

Treatments shown are approximate.
CLOTHES FIT BETTER, FEEL BETTER, LOOK BETTER

BEFORE

16 WEEKS AFTER SESSION
(Single side treatment)
Photos courtesy of Eric Bachelor, MD, FACS

BEFORE

8 WEEKS AFTER SESSION
(Single side treatment)
Photos courtesy of Grant Stevens, MD, FACS

Treatments shown are approximate.
A ONE-OF-A-KIND PROCEDURE

BEFORE

5 WEEKS AFTER SESSION
Photos courtesy of Dr. Tracy Mountford

BEFORE

5 WEEKS AFTER SESSION
Photos courtesy of Dr. Tracy Mountford

Treatments shown are approximate.
THE RESULTS ARE UNDENIABLE

BEFORE

8 WEEKS AFTER SESSION
Photos courtesy of Grant Stevens, MD, FACS

BEFORE

8 WEEKS AFTER SESSION
Photos courtesy of Dr. Ching-I Victoria Lu

Treatments shown are approximate.
A BETTER YOU FROM EVERY ANGLE

BEFORE

6 MONTHS AFTER THIRD SESSION
Photos courtesy of Grant Stevens, MD, FACS

BEFORE

8 WEEKS AFTER SESSION
Photos courtesy of Kathleen Welsh, MD

Treatments shown are approximate.
LOVE EVERY VIEW OF YOU

BEFORE

8 WEEKS AFTER FIRST SESSION

4 WEEKS AFTER SECOND SESSION

Photos courtesy of Daniel Behroozan, MD

Treatments shown are approximate.
ONCE IT’S GONE, IT’S GONE FOR GOOD

BEFORE

8 WEEKS AFTER SESSION
(-6 pounds)
Photos courtesy of Leyda E. Bowes, MD

BEFORE

16 WEEKS AFTER
Photos courtesy of John B. Fasano, MD

Treatments shown are approximate.
CLOTHES FIT BETTER, FEEL BETTER, LOOK BETTER

BEFORE

12 WEEKS AFTER SESSION
Photos courtesy of Barry DiBernardo, MD, FACS

8 WEEKS AFTER SESSION
(-10 pounds)
Photos courtesy of Benjamin J. Boudreaux, MD

Treatments shown are approximate.
ELIMINATE STUBBORN FAT FOR GOOD

BEFORE

8 WEEKS AFTER SESSION
Photos courtesy of Leyda E. Bowes, MD

BEFORE

12 WEEKS AFTER SESSION
Photos courtesy of Edward Becker, MD

Treatments shown are approximate.
THE RESULTS ARE LONG-LASTING

BEFORE

3 YEARS AFTER THIRD SESSION
(-13 pounds)
Photos courtesy of Joseph Eviatar, MD

2X
2X

BEFORE

1 YEAR AFTER SECOND SESSION
(2 years after first session)
Photos courtesy of Grant Stevens, MD, FACS

Treatments shown are approximate.
LOOKING GOOD IN THE PRESS

Check out more press coverage at CoolSculpting.com/in-the-news
The sooner you set up your consultation and book your treatment, the sooner you’ll see results in the mirror—long-term results in those areas that have resisted all efforts through diet and exercise.

Talk to your provider today to find out if the CoolSculpting® procedure is right for you.
A BETTER YOU FROM EVERY ANGLE

With over 1 million CoolSculpting® procedures performed worldwide, people everywhere are getting a better view of themselves thanks to individual treatment plans tailored specifically to their bodies.

Learn more at CoolSculpting.com

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During the procedure you may experience deep pulling, tugging, pinching, numbness, or discomfort. Following the procedure, typical side effects include temporary numbness, redness, swelling, bruising, firmness, tingling, stinging, and pain. Rare side effects may also occur. The CoolSculpting procedure is not for everyone. You should not have the CoolSculpting procedure if you suffer from cryoglobulinemia or paroxysmal cold hemoglobinuria. The CoolSculpting procedure is not a treatment for obesity. As with any medical procedure, ask your physician if the CoolSculpting procedure is right for you.

Results and patient experience may vary. Patients shown are within +/- 5 pounds of their original weight unless specified.

The CoolSculpting procedure for non-invasive fat reduction is FDA-cleared for the flank (love handle), abdomen, and thigh. The CoolSculpting procedure for non-invasive fat reduction is available worldwide. ZELTIQ, CoolSculpting, the CoolSculpting logo, the Snowflake design, and Fear No Mirror are registered trademarks of ZELTIQ Aesthetics, Inc. © 2014. All rights reserved.

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